



# Greek Islands **SAILING**



**the holidays of your life !!!**

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# 1-2-3-5-7-8 days

## cruises starting from

DAYS	PASSENGERS						
	8	7	6	5	4	3	2
<b>1DAY</b>	180.00	220.00	250.00	280.00	330.00	390.00	550.00
<b>2DAYS</b>	350.00	370.00	430.00	490.00	590.00	760.00	1100.00
<b>3DAYS</b>	465.00	465.00	565.00	665.00	830.00	1100.00	1600.00
<b>4DAYS</b>	540.00	550.00	650.00	780.00	1100.00	1250.00	1990.00
<b>5DAYS</b>	590.00	690.00	790.00	890.00	1350.00	1450.00	2200.00
<b>6DAYS</b>	650.00	750.00	850.00	990.00	1400.00	1600.00	2500.00
<b>7DAYS</b>	725.00	825.00	925.00	1100.00	1450.00	1750.00	2750.00
<b>8DAYS</b>	850.00	925.00	1050.00	1200.00	1600.00	1900.00	3000.00

### **DAILY DEPARTURES**

**All prices are per person and include:**

- **DELUXE SAILING YACHT**
- **ACCOMMODATION IN PRIVATE CABINS**
- **SKIPPER AND CREW**
- **TRANSFERS FROM/TO HOTEL/PORT**
- **TAXES**

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**CYCLADES**

**Map of Cyclades Itinerary**



**Brief Presentation**

**5DAYS CRUISE**

DAY	DESTINATION	MILES
1	Athens –Kea	50
2	Kea-Tinos-Mykonos	50
3	Mykonos-Delos-Paros	31
4	Paros-Kythnos	35
5	Kythnos-Athens	54

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**6DAYS CRUISE**

<b>DAY</b>	<b>DESTINATION</b>	<b>MILES</b>
1	Athens –Kea	50
2	Kea-Tinos-Mykonos	50
3	Mykonos-Delos-Paros	31
4	Paros-Santorini	57
5	Santorini-Kythnos	59
6	Kythnos-Athens	54

**7DAYS CRUISE**

<b>DAY</b>	<b>DESTINATION</b>	<b>MILES</b>
1	Athens –Kea	50
2	Kea-Tinos-Mykonos	50
3	Mykonos-Delos-Paros	31
4	Paros-Santorini	57
5	Santorini-Sifnos	59
6	Sifnos-Serifos-Kythnos	44
7	Kythnos-Athens	54

**8DAYS CRUISE**

<b>DAY</b>	<b>DESTINATION</b>	<b>MILES</b>
1	Athens – Kea	50
2	Kea – Tinos - Mykonos	50
3	Mykonos – Delos – Paros	31
4	Paros – Ios	44
5	Ios – Santorini	30
6	Santorini – Sifnos	59
7	Sifnos – Serifos – Kythnos	44
8	Kythnos – Athens	54

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**Details of Cyclades Itinerary**

**KEA**

An exceptionally picturesque island. On the south side of Nikolaos Bay - which was a pirate stronghold in the 13th c. - is the little port of Korissia, built on the side of ancient Korissia. There are remains of the ancient town walls and a Sanctuary of Apollo. The famous lion - carved from the native rock in the 6th c. BCE - can be seen just north-east of Kea town. Another highlight is the beautiful anchorage of Poleis. Vourkari is a small bay with many traditional taverns, small shops and bars and is certainly worth a visit.

**TINOS**

One of the biggest islands of Cyclades. It is famous, among religious, for its huge Church of Panagia (Virgin) which has a miraculous icon and is attracting thousands of pilgrims from all over the country on the 15th of August, feast day of the Virgin. Its traditional cuisine and way of life attract more tourists every year.



**MYKONOS**

The most popular island of Cyclades Group, famous from the international jet set visitors and the celebrating atmosphere which is overarching the island. A very active night-life in combination with beautiful beaches and excellent restaurants.



**DELOS**

The sacred island of Delos was, in the myths, the birthplace of Apollo and Artemis. Today the island is uninhabited: it is a vast archaeological site whose superb monuments draw thousands of visitors in pilgrimage to what was, for a thousand years or so after the ninth century BC the political and religious center of the Aegean. From the harbor, a majestic sacred way led to the



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Sanctuary of Apollo, where there were temples, altars, votive offerings and other buildings. There are ruins of four temples to Apollo, one of them known

### **PAROS**

Considered as one of the most beautiful island of the Cyclades. Three bays cut deep inland - in the west the sheltered Paroikia Bay, with the island's capital that serves as the main sailing port. In the north the bay which shelters the little town of Naoussa, which in Roman times was the island's main port for the shipment of Lychnites marble; and in the east the flat Marmara bay.

Paros is also known in Greece for its ideal weather conditions for windsurfing.

### **IOS**

A small island in the heart of the Cyclades. IOS is said to be the island of youth, where young people from all over the world meet and enjoy their summers. Ios is famous for its vivid nightlife with an uncountable number of bars, cafés, clubs and restaurants and for its beaches with crystal clear water. The little port of Ios, with the domed Church of Ayia Irini (17th c.) lies in a sheltered bay on the west coast of the island. One kilometre up the fertile Kato Kampos Valley, conspicuously and picturesquely situated on the hillside, is the chief place on the island, Ios.



### **SANTORINI or Thira**

Many reasons have made this island famous worldwide. Its great wines, the international and local cuisine but most of all, the villages which are situated on cliffs and offer breathtaking view over the submerged volcano. The island also has impressive beaches with the sand of your choice: black, red or white! Thira together with the smaller islands of Thirasia and Aspro are part of a volcanic crater, which has been engulfed by the sea. In the centre are the Kammeni islands, the cones of later volcanoes, which came into being in historical times. Hot springs and emissions of gas bear witness to continuing volcanic activity.



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**SIFNOS**

The principal port on Sifnos is Kamares, which is very well sheltered. From there roads lead to the must-see places along the coasts and indeed these also prove beautiful anchorages and should really be visited by boat.

The medieval village of Kastro - with remnants of its ancient walls - but also the bays of Faros, Vathi and Platis Gialos are absolutely worth exploring: translucent turquoise water, combined with good taverns. However, the best restaurants can be found in Apollonia.

**SERIFOS**

Serifos is an island renowned for its excellent food and relaxed atmosphere. Most of the anchorages in the south are now used by fish farms.

Moreover, apart from Livadi and the Monastery of the Taxiarchs in the north, there is much to be seen. Its highest point is Mount Tourlos with 483 m. The island's main sources of income are its modest agriculture and its open-cast iron mines, which have been worked since ancient times

**KYTHNOS**

An unspoiled island. The coast is much indented - with many beautiful anchorages and ports - and for the most part falls steeply down to the sea. The two charming inland villages, Chora (Kythnos town) and the lively little Dryopis, can best be visited by scooter or bike. The two main ports are Mericha and Loutra. Mericha - only minutes sailing away from the oddly shaped Sandbar Bay - is the smaller of the two. Loutra on the north-east nowadays even has a new harbour with new moles providing the best protection from the Meltemi on the island.





## **ATHENS**

The Capital of Greece. Within the sprawling city of Athens it is easy to imagine the golden age of Greece when Pericles had the Parthenon (the most eminent monument of the ancient Greek architecture) built. Athens is built around the Acropolis and the pinnacled crag of Mt. Lycabettus, which the goddess Athena was said to have dropped from the heavens as a bulwark to defend the city. The suburbs have covered the barren plain in all directions and the city is packed with lively taverns and bustling shops.



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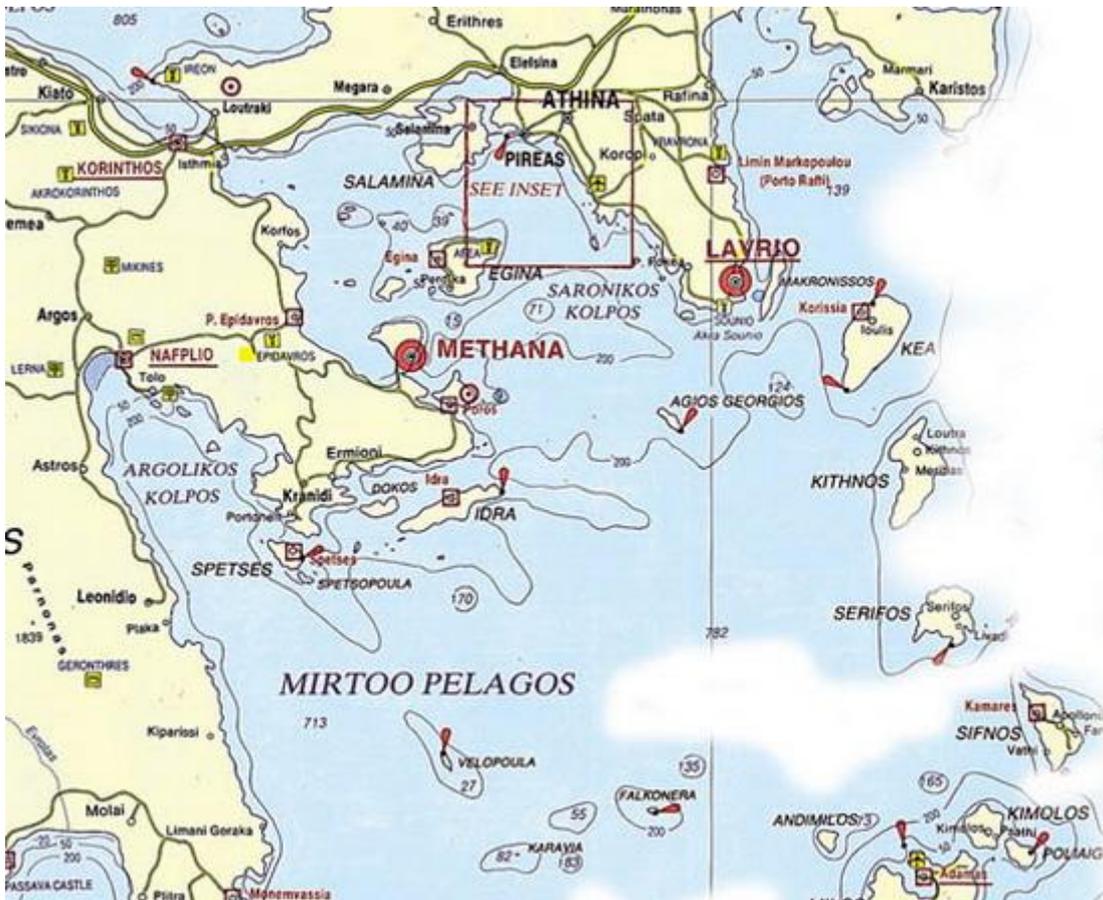
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**SARONIC GULF & PELOPONNESSE**

**Map of Saronic Gulf & Peloponnesse Itinerary**



**Brief Presentation**

**1DAY CRUISE**

DAY	DESTINATION	MILES
1	Athens-Aegina-Athens	25

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**2DAYS CRUISE**

DAY	DESTINATION	MILES
1	Athens-Aegina or Poros or Hydra	25-40
2	Return to Athens	25-40

**3DAYS CRUISE**

DAY	DESTINATION	MILES
1	Athens –Poros	31
2	Poros- Hydra	14
3	Hydra – Athens	40

**4DAYS CRUISE**

DAY	DESTINATION	MILES
1	Athens –Poros	31
2	Poros- Hydra	14
3	Hydra – Aegina	30
4	Aegina –Athens	25

**5DAYS CRUISE**

DAY	DESTINATION	MILES
1	Athens –Poros	31
2	Poros- Hydra	14
3	Hydra – Spetses	15
4	Spetses-Aegina	35
5	Aegina-Athens	25

**6DAYS CRUISE**

DAY	DESTINATION	MILES
1	Athens –Poros	31
2	Poros- Hydra	14
3	Hydra – Spetses	15
4	Spetses-Agistri	27
5	Agistri-Aegina	10
6	Aegina-Piraeus	25

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**7DAYS CRUISE**

<b>DAY</b>	<b>DESTINATION</b>	<b>MILES</b>
1	Athens –Poros	31
2	Poros- Hydra	14
3	Hydra – Spetses	15
4	Spetses-Porto Heli	15
5	Porto Heli-Agistri	30
6	Agistri-Aegina	10
7	Aegina-Piraeus	25

**8DAYS CRUISE**

<b>DAY</b>	<b>DESTINATION</b>	<b>MILES</b>
1	Athens – Poros	31
2	Poros – Hydra	14
3	Hydra – Spetses	17
4	Spetses – Nafplion	27
5	Nafplio – Porto Heli	26
6	Porto Heli – Ermioni	15
7	Ermioni – Aegina	40
8	Aegina – Athens	18

**Details of Saronic Gulf & Peloponnesse Itinerary**

**Poros**

A beautiful green island, laying at the southwest the Saronic Gulf and opposite to Argolid in Peloponnese. Poros consists of two smaller islands, connected by a bridge, Sferia, a small rocky island and Kalavria, a larger and lush island with green hills and beautiful coastlines. Its main town and port of the island is built in amphitheatre form on the slopes of a hill. Along the port there are a lot of cafeterias, restaurants, tourist shops and many bars with foreign or Greek music. At the center of the town is worth visiting the Archaeological museum

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and the island's trademark the "clock-tower".

### **Hydra**

Today, Hydra is one of the most cosmopolitan points in the Mediterranean. The fact that Hydra has a unique beauty in its architecture and its landscape, taken together with its proximity to Athens and its important historical interest, have gradually raised the island to the level of an international tourist centre. Undoubtedly, Hydra is one of the most beautiful islands in Greece with a unique atmosphere. Cosmopolitan, vibrant and lively, with trendy discos, bars and clubs. Must see places: The Monastery of Pofitis Ilias (found in the early 19th century) at an altitude of 500 meters has an excellent view, Kamini the little fishing village, Episkopi Hydra's pine forest (beginning to recover after a fire), popular Molos for swimming, Bisti, Ag. Nikolaos and Limioniza for swimming, Dokos an islet (1 hour's caique trip) made of a kind of marble where Jacques Cousteau discovered a 3,000 years wreck.



### **Spetses**

Spetses is a beautiful island with rich vegetation and many pine trees. It has various wonderful sandy beaches and lovely secluded bays. Its villages are picturesque and authentic and its capital is a real architectural beauty full of two-storey neoclassical houses with wooden balconies and coloured walls, and narrow stone-paved alleys. Archaeological findings indicate that Spetses has been inhabited since Early Bronze Age (also called first Hellenic Era, about 2500 BC).

One of the most famous heroes of the Greek Revolution was the Spetsiote female captain Lascarina Bouboulina who took the command of her husband's fleet when he died, fought in many important battles and spent most of her fortune to finance the war.



### **Nafplion**

The lovely little town of Nafplio is situated in the lush Argolid prefecture, which in ancient times was once considered the very center of Greece.

Unfortunately though, from about 1600 to 1100 B.C, under the rule of the Mycenaeans, it gradually declined. After that, the Dorians came along and controlled the fate of the region until the conquest of the country by the Romans. The old city with its neoclassic houses, picturesque streets, wooden balconies with cascading flowers, Turkish fountains, Constitution (Syntagma) Square with its fascinating mosques and outdoor cafe tables is like a fairy land. Here, after centuries of struggle, happiness seems to have finally settled. Take time to see some of the sites, whether you're climbing up the 857 steps to the Venetian fortress of Palamidi which crowns the city or wandering round the battlements of Acronafpia.



### **Porto Heli**

Porto Heli, is a beautiful fishing village opposite Spetses, with a sheltered marina and nice restaurants on the beach. The picturesque bay of Hinitza is ideal for relaxed swimming and snorkeling.



### **Ermioni**

The name of Hermioni was given from the only daughter of Menelaus and Helen, who in order to carry out her father's promise towards Achilles got married to Neoptolemus. Hermioni is a quaint little Greek village. Being on a little bit of land jutting into the sea it is only 4 blocks wide at the largest part and about a mile to a mile and a half long. The lack of anything resembling a sandy beach has saved it from the mass impact of tourism but that doesn't mean there is not great swimming there, or tourists. The swimming is great and there is a night life in this little town.



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**Aegina**

First, like the other islands in the group, Aegina is the top of a sunken mountain. It is also the largest of the group. It is said that Aiakos, son of Zeus and grandfather of Achilles and a nymph named Aegina were the first to settle on the island. It is known that there have been people on the island since around 3000 B.C. On the Southern edge of the island lies the small fishing village of Perdika. This is one of the most picturesque spots on the island and still has the characteristics of the Aegean Sea-style of square houses and narrow streets. Many restaurants to eat fresh fish, surrounded by a beautiful landscape full of big pine-trees and calm beaches.

**Athens**

The Capital of Greece. Within the sprawling city of Athens it is easy to imagine the golden age of Greece when Pericles had the Parthenon (the most eminent monument of the ancient Greek architecture) built. Athens is built around the Acropolis and the pinnacled crag of Mt. Lycabettus, which the goddess Athena was said to have dropped from the heavens as a bulwark to defend the city. The suburbs have covered the barren plain in all directions and the city is packed with lively taverns and bustling shops.



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**THE IONIAN**

**Map of Ionian Itinerary**



**Brief Presentation**

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DAY	DESTINATION	MILES
1	Athens – Zakynthos	155
2	Zakinhtos - Kefalonia	67
3	Kefalonia - Lefkada	49
4	Lefkada - Parga	35
5	Parga - Ithaki	71
6	Ithaki - Sami	25
7	Sami - Nafpaktos	65
8	Nafpaktos - Athens	98

### Details of Ionian Itinerary

#### ZAKYNTHOS

Zante the third in size of the islands of the Ionian Sea, the green island of poetry, of song and love, the native land of D. Solomos, the writer of the Greek National Anthem but also that of St. Dennis, the Patron Saint. Rich in beauty and tradition, both historical and cultural, Zante is the "ideal" of any traveller with an exploring mind. Discovered in 1897 the blue caves can be found on the northern tip of Zante not far from Cape Skinari. Famous for their stunning shade of blue seas and rock formations. Smugglers Cove also known as Navagio has to be the most famous beach on the island if not in Greece. At the famous bay of Laganas you can enjoy one of the longest and most sandy beaches in the Mediterranean. Greece is the only European country where the logger headed turtles (Caretta, Caretta) nest and Zante is the most important nesting area in the Mediterranean. The national marine park of Zante objective is to preserve the



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natural environment

**KEFALONIA**

Kefallonia is the largest of the Ionian islands. The capital of the island is the town of Argostoli. It is a lively place, especially in the summer months, with much of the action taking place around its main square (panoramic view, will take you to external site). Argostoli is a modern town that offers many entertainment and shopping opportunities, while still maintaining its charm. Argostoli, as well as all the other towns and villages of the island, was completely rebuilt after the earthquake that struck in 1953. The only area that was spared from the earthquake was Fiskardo. For this reason Fiskardo retains the old architecture, making it the most beautiful village on the island. The second largest town of Kefallonia is Lixouri, on the Pali peninsula. The Mellisani Cave is an underground seawater lake featured in most guidebooks because of the amazing colour of the sea.



**LEFKADA**

It is the fourth largest island of the Ionians and has impressive landscapes, long golden sandy beaches with colour as if the blue of the sea was mixed with bleaching water, traditional villages, a charming capital, some animated beach resorts with many restaurants and bars, Byzantine churches, archaeological sites, perfect wind conditions for windsurfing and kite surfing. Agios Nikitas, Porto Katsiki, Kathisma, Vassiliki are must – see beaches as they are some of the most beautiful beaches of the world.



**PARGA**

Parga is a picturesque town in the province of Epirus. It is nestled between lush green hills and the clear waters of the Ionian Sea. Parga is a busy town in the summer with lively streets packed with a healthy tourist population that mingles busily in the narrow passages and the coffee shops that line its promenade. It seems to be a favorite destination for tourists from all over the world. A stroll through the streets of Parga reveals an "island flavor" with the



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multitude of the tourist shops and tavernas lined up on both sides and the carefree tourists that constantly stroll up and down the narrow corridors. A short walk through the steep streets would take you to the castle that reveals a bird's eye view of the ceramic rooftops of the town, the small beach in its center, and on the other side of the hill a glimpse of the large and very popular Valtos Beach where swimming is best.

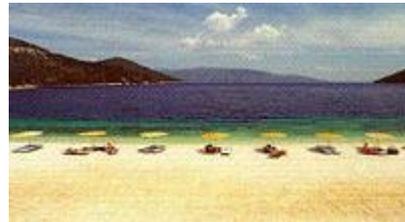
### **ITHAKI (or ITHAKA)**

Throughout the ages Ithaki has been known as the home of Odysseus. For years Homer's hero wandered before he finally returned to his island kingdom. The west coast of the island is steep and almost barren in contrast to the green, gentle shoreline on the east. The capital and largest settlement is Ithaki or Vathi: its red-roofed delightful houses set amidst enchanting scenery at the end of the deep closed bay of Molos. Three kilometres to the northwest lies the so-called Cave of the Nymphs (Nimfon Cave). Also worth visiting is the medieval Monastery of the Archangels at Perahori. North of the capital and 600 metres above sea level, the Kathara Monastery (Moni Katharon). Kioni and Frikes, typically Ionian villages, on the northeast coast are unspoilt, wonderful places for a short excursion or an extended sojourn.



### **SAMI**

The village of Sami lays 2 kilometres away from the capital of Kefalonia, coil up in the bay of the same name. its port is the second most important port after the main port of Argostoli and proposes regular ferries going to Patras, Ithaca and Italy. Interesting monasteries, astonishing underground lakes and superb caves are located in the area as well as various beautiful sandy beaches.



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**NAFPAKTOS**

From the towering of Venetian Castle on the hill above the city you can see all of Nafpaktos. Its expansive beaches, pastel buildings set beside Venetian Walls, and veil of pine, palm, orange, and elm, make it one of the most beautiful cities of the Gulf of Corinth. Green enough, plenty of waters, big old platans, clear sea, spotless yards with beautiful gardens, a marvelous fort and small port together which is the smallest and the most beautiful in all over Mediterranean and its powerful castle that is "testifier" of its adventurous history.

**ATHENS**

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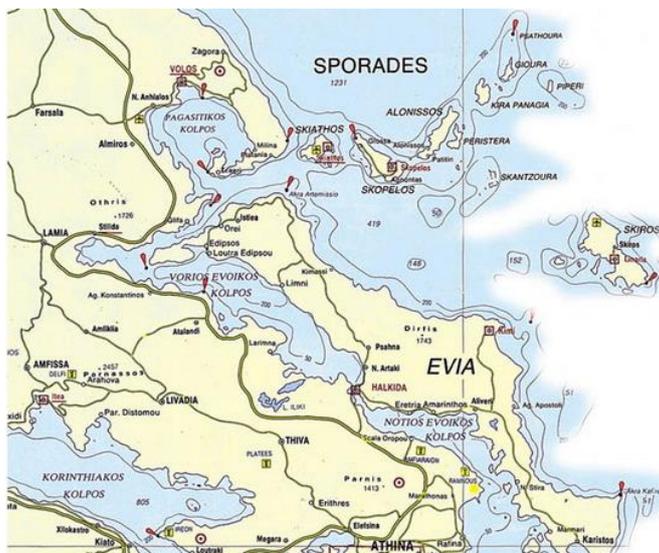
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**THE SPORADES**

**Map of The Sporades Itinerary**



**Brief Presentation**

DAY	DESTINATION	MILES
1	Ag. Konstantinos - Trikeri	33
2	Trikeri - Skiathos	30
3	Skiathos - Skopelos	19
4	Skopelos - Alonissos	6
5	Alonissos - Peristera - Kyra Panagia	18
6	Kyra Panagia - Skyros	37
7	Skyros - Karistos	68
8	Karistos - Athens	32

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**Details of The Sporades Itinerary**

**TRIKERI**

The island of Trikeri, in the south of Pagasitic gulf and at the tip of the Magnesia peninsula, is particularly beautiful and remains, architecturally at least, more or less unchanged since the beginning of the century. It is not much more than a mile across, and a less than a thirty minutes walk takes one across to the other side of the island. With a population of fewer than 100, it is so little known that it doesn't even get a mention in most guidebooks. The island is free of any traffic (no roads, no cars) and transport is by foot, donkey or boat. There are plenty of olive trees, juniper, oleander and wild flowers. Its untouched bush land and crooked pathways, its numerous wildlife and the stunning sunsets provide the perfect environment to get away from it all.



**SKIATHOS is**

One of the most beautiful islands in Greece. Green and luxuriant pine and stone pine forest cover it with many olive trees in between. Skiathos also has at least 60 large and small fine beaches. The Koukounaries Beach counts as one of the greatest beaches in Greece. It is a long with golden fine grain sand, shaped as a perfect curve and behind the beach there are tall, beautiful verdigris stone pine trees.



**SKOPELOS is**

Part of the Northern Sporades. It is a beautiful island which attracts thousands of tourists every year. The island is known for its beautiful beaches with their clean crystalline waters, surrounded by pine trees forests and also for the charming capital, built amphitheatrically in the heart of a bay, composed of whitewashed houses with tiled roofs in narrow alleys and stairs. The main towns of the island of Skopelos are the capital and the village of Glossa. Most of the beaches are located on the south-west coasts. The most famous of the island are Panormos and Milia.



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**ALONISSOS**

The Alonissos of today was given this name during the first years after the liberation of Greece and is not identified with the Alonissos of the ancient. The island during antiquity was called Ikos, while the Alonissos of the ancient Greeks, was probably the neighbouring island of Kyra Panagia, to the North. Patitiri was chosen to be the main Port, because is a natural harbour. In the area of Alonissos-N.sporades, have been established in 1992, the first National Marine Park of our country, that includes extensive islands and sea regions, of the broadness island complex of Alonissos, with particular natural, morphological and geographical characteristics.



**PERISTERA**

Peristera, the scarcely inhabited islet, was once joined to Alonissos and is graced with some nice sandy beaches usually relatively unpopulated. It consists of secluded bays sheltered from the "meltemi" (northern) wind, and sparkling white houses perched on the hilltops. One will find the remains of an ancient castle here. A tavern operates on the main beach providing refreshments and seafood. An ancient wreck was recently discovered, just off the island, by archaeologists.



**KYRA PANAGIA**

Kyra Panagia, also known as Pelagos or Pelagonisi is hilly with two deep bays. To the east one may find the restored Monastery of the Blessed Virgin. One may find fantastic beaches for sunbathing and relaxing in the warm Mediterranean sun. The island offers spots of unrivaled beauty and crystal clear waters.



**SKYROS**

The fourth and largest island in the Northern Sporades. It lies further out into the Aegean than the other islands and is really more like the Cyclades in it's style of building and it's weather pattern. The main village climbs up the slopes of a steep hill rising straight up from the sea and culminating in a castle (Kastro) at the top. This is an impressive, naturally fortified rock, which gave



Skyros an important strategic position in the Northern Aegean. The views from the Kastro (and the monastery of Aghios Georgios just below it) are absolutely stunning and it is well worth climbing up to it through the beautiful, winding, cobbled streets of the village.

### **KARYSTOS**

Karystos has known great glory at different times, from the prehistoric period. It took its name, from the son of the historic-mythical Centaur Heron, the heroic Karystos, who was the ruler of this place and gave it its name. According to mythology, the romance between the two greatest gods of ancient Greece, Zeus and Hera, was created on the top of mountain Ochi (1389m) above Karystos. In the ancient times, Karystos developed trade, shipping and science, art and sports as well. The famous athlete Glaukos who was a winner at the Olympic Games of 520 B.C. in boxing was a Karystian. Famous are the Karystian marbles (Marmor Karystium) known as Cipollino and the Pillars that were made of them are still decorating ancient monuments in Athens, Rome, Istanbul and other places. Many people came through Karystos: Persians, Romans, Venetians, Franks, Turks, and the monuments that have been saved can give evidence of their crossing.



### **ATHENS**

The Capital of Greece. Within the sprawling city of Athens it is easy to imagine the golden age of Greece when Pericles had the Parthenon (the most eminent monument of the ancient Greek architecture) built. Athens is built around the Acropolis and the pinnacled crag of Mt. Lycabettus, which the goddess Athena was said to have dropped from the heavens as a bulwark to defend the city. The suburbs have covered the barren plain in all directions and the city is packed with lively taverns and bustling shops.

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